



**Kristen D**

★★★★★ 8 months ago

Chiropractic has long been my primary health and wellness "office visit". I've been to at least half a dozen different doctors over the past decade, depending on where I've lived at any given time. Dr. Cian is hands down the best I've ever had. He is thorough and attentive, remembering existing concerns I've had previously while taking note of new ones. His adjustment technique is effective and he's always open to try new things if needed.

An approach to treat the whole body - not just the spine - has been an integral part of my care. I've been given stretches to include as part of my maintenance on more than one occasion, which is great. The most recent method for relieving sinus pressure was instantaneous!!!

Dr. Beth is also a wonderful part of the office team - friendly and more than patient with the insurance snafus I've experienced. I couldn't ask for a better wellness care clinic.

I truly can't sing enough genuine praise and will definitely refer anyone I meet who is in the area and needing chiropractor to visit O'Neill Family Chiropractic!



**Kyle Pelphrey**

★★★★★ 7 months ago

Numerous injuries over my life have left me with chronic low back and hip pain. The pain had become so severe that I was having trouble getting out of bed and sleeping. I was referred to O'Neill Family Chiropractic by my medical doctor who highly recommended them. I was amazed at how thorough Dr. Cian and Dr. Beth were at listening to my story, examining me, and giving me the care I needed. The care was painless and I felt immediate relief after each time. I am so happy and overwhelmed to say that I am now pain free and doing things (running in particular!) that I never thought would be possible again. I am so thankful to have found your office and will continue to refer the endless amount of people who can benefit from the care you provide.



**Anita Horak**

★★★★★ 8 months ago

Dr Cian O'Neill is amazing, I believe in chiropractic care as a big part of maintaining health and wellness. The adjustments I get from Dr O'Neill not only make me feel better, but they seem to last longer. I also like that he is genuinely concerned with your wellbeing. He makes good suggestions when asked and encourages your accomplishments.



**Daniel Myers**

★★★★★ 1 year ago

I I hurt my back while on vacation and then re-hurt it while riding. This time it was unbearable to work since i was having constant back spasms. I called to get a quick appointment and they were very accommodating.

They were able to get a good idea of what was happening and after a few adjustments i was feeling a ton better. For instance, on the way to the appointment, i was having issues just getting in my car. Afterwards, no problem and now i plan on going for a jog after work. That's a massive difference!

You never really know how much you use your back in daily tasks until it really hurts. You can depend on the O'Neill doctors to fix you up. They will be my first thought in any future issues long before i consider my general practitioner.



Jack Janecek

★★★★★ 1 year ago

I was having lower back pains from a lot of traveling. After my first adjustment I already started to feel better. I went a few more times after that and before I knew it I was feeling better than I had before the pains started. Very professional. The office dog is pretty cool too.



Laura Marxen

★★★★★ 1 year ago

O'Neill Family Chiropractic is fantastic! I have had low back issues and after a few visits with Dr. Elizabeth and Dr. Cian, I feel great. I have two little boys. My 3 month old was beginning to show signs of a flat head. Dr. Elizabeth adjusted him so that he would turn to the other side while sleeping. We saw improvements right away. They are friendly and they spend a lot of time with each patient.



Robin Anderson

★★★★★ 1 year ago

Dr. Cian and Dr. Elizabeth are two fantastic chiropractors, and run a beautiful practice. I have been adjusted by both individuals, and found relief and comfort through their care. Dr. Elizabeth, also has a gentle way with kids, which sets her apart from many others. I would highly recommend both doctors to any of my friends and family!



Rory O'Neill

★★★★★ 1 year ago

I am so fortunate to have had and continue to do so, chiropractic adjustments for neck and back pain. I am able to report that all pain issues are now under control and I am very comfortable. thanks to Dr. Cian I am pain free and will continue to be. I have no hesitation to recommend this practice for all its attributes.....caring and professional ,competent and accomplished...all good attributes to this young and growing practice.



Levi Arnold

★★★★★ 1 year ago

I went through years of medical and P.T. with little to no help. I was referred to O'Neill family chiropractic from a friend who just had an overall new vibrant way of health.

My life changed after a couple weeks of specific chiropractic adjustments from both Dr. Elizabeth and Dr. Cian.

come to find out, Doctors of Chiropractic have MORE hours then any M.D.?! more hours in anatomy/neurology/diagnosis and X-rays.

These guys are spinal specialist and know how to adjust.

Chiropractic is the REAL DEAL. Check out O'Neill family chiropractic for any/all pains and problems.



**Kim Nickels**

★★★★★ 1 year ago

Cian O'Neill does a GREAT job of listening to his clients and understanding their needs. He takes the time to talk to and listen to me before he starts treatment. He doesn't rush clients through, which is great because he works with me until everything is fixed. I would highly recommend anyone looking for a chiropractor give O'Neill Family Chiropractic a call!



**Jenna Goedken**

★★★★★ 1 year ago

Dr. Cian and Dr. Elizabeth are wonderful! They have helped me through general aches and pains, a thrown out back and day to day stress. They not only take time with their adjustments, they make sure to give ideas for home care. They are always very personable and fun to talk to. I would definitely recommend them to anyone!



**james meniates**

★★★★★ 1 year ago

i am not from the area, but recently spent a few weeks there. as a chiropractor myself, it is important to me to find a fellow practitioner wherever i go, to maintain continuity of care. needless to say, i am perhaps overly critical of the care that i get. first thing i look for is a fellow palmer graduate, so i know i am in the best of hands, literally. both doctors o'Neill are friendly, compassionate, professional, and above all absolutely love what they are doing. these are the things that make their office a great one!



**Seth Dubinsky**

★★★★★ 1 year ago

I was struggling with chronic hip pain and knee weakness from an injury years ago and finally decided I needed to see a Chiropractor after failed attempts at rehab. After only a few treatments, and a diagnosis I could understand, Dr. O'Neill seriously reduced the pain I was having and gave me better advice on how to maintain the strength and flexibility in those muscles. I will continue receiving treatment from her as long as I need. Her and her husband are both quite friendly and professional and it's a pleasure to visit them when I do.



**Kurt Heims**

★★★★★ 1 year ago

I had wrist and lower back problems from golfing. After visiting Dr. Cian and Dr. Elizabeth, the pain in my back and wrist are gone! They really explain what they are doing and the effects of the adjustments. I highly recommend O'Neill Family Chiropractic!



**Micheal Bohlken**

★★★★★ 1 year ago

I have been going to see Cian and Elizabeth for awhile now, and I always enjoy every experience. I have a job that is very strenuous on my back and whenever I have aches and pains I will go in. It isn't an hour after leaving that I will be feeling immensely better. Highly recommend going to O'Neill's, great chiropractors and better people.

B

Britni Everett

★★★★★ 1 year ago

Two very knowledgeable, caring and professional doctors. You will receive top care from both. Would highly recommend!



Dan Williamson

a★★★★★ 1 year ago

Was referenced to O'Neil Family Chiropractic from a friend for my shoulder and neck pain. Dr. Cian was patient and understanding of my problem and worked to positively help correct the pain and discomfort. I had a great experience from both Dr. Cian and Dr. Elizabeth, they are wonderful people, and do wonderful work.



Alissa Langford

★★★★★ 2 years ago

I love O'Neill Family Chiropractic! I have suffered from headaches for years but I originally went into Dr. Cian for shoulder pain. After only a few visits with Dr. Cian, not only was my shoulder feeling better but my headaches disappeared! I didn't even know chiropractic helped with headaches until after my experience with him. I recommend everyone to give him a try. Truly a great doctor!

A

Abigail Kelchen

★★★★★ 1 year ago

I struggle with common headaches and neck pain but after working with both Dr. Elizabeth and Dr. Cian, I have significantly less headaches. I am so thankful for their help! It's made a huge difference in my daily life!



Dillon Hammes

★★★★★ 2 years ago

Doctors Cian and Beth are a great asset to the community, their knowledge and expertise in chiropractic care is second to none and the personalized care plans provide specific care for patients in pain and looking for wellness.